

REALISE *the News* – May 2019

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WELCOME NEW HBITO EXECUTIVE!

Welcome to the new members of the 2019-2020 HBITO executive! Stay tuned for bios in the upcoming months.

- President: Brandon Craig
- Vice-President/Treasurer: Faizan Malik
- Education Director: Will Wilson
- Social Director: Dion Kelly
- Outreach Director: Trevor Low
- Orientation Director: Pauline de Jesus
- Webmaster: Michael McLaren

Learn more about the HBITO at hbito.ucalgary.ca.

@REALISE.HBI INSTAGRAM CONTEST

The HBITO and HBI REALISE are now on Instagram! See [@realise.hbi](https://www.instagram.com/realise.hbi) or visit www.instagram.com/realise.hbi. The account will feature content for trainees and by trainees and we'd love to feature your photos! If you have any images or videos you'd like to share, please contact realise@ucalgary.ca for more information. Posts could be about your research, yourself or someone else, an event, or anything else that interests you and would be relevant to the HBI trainee community. **The post with the most likes each month wins a \$20 Starbucks or Tim Hortons gift card!**

UPCOMING HBI REALISE TRAINING MODULES

To register for upcoming modules, sign in to the [REALISE Intranet site](#) with your UCIT username and password

Purposeful Public Speaking

May 7 | 9 am – 12 pm | Location: HSC 1405A

Presenter: Gord Aker, Professional Certified Coach, Millennial Coaching

Module in brief: Do you want to learn how to better engage your audience, retain their attention, and share your knowledge in a way that is natural to you? Attend this workshop to develop the skills necessary to take that first step in becoming a more natural and confident public speaker.

Presented in partnership with ACHRI. Space is limited so register early!

Introduction to Real time PCR

May 15 | 9 am – 5 pm and May 16 | 10 – 11 am | Location: HRIC 1B36

Instructor: Frank Visser

Module Description: A one day, plus one hour, hands-on introduction to design, implementation and analysis of real time PCR assays. Students will learn basic concepts, primer design, use of online database tools, efficiency experiments, melting curve analysis, and data analysis. The students will then perform a real time PCR assay in the lab and analyze the results.

This module is intended for trainees with little to no prior experience performing real time PCR assays.

Space is limited so register early!

Networking 101

May 21 | 9 am – 12 pm | Location: HSC O1500

Presenter: Terry Wasylak, The Career Clinic

Description: This half-day session will help participants understand the process of networking and the reciprocity it involves. Participants will be able to distinguish between proactive and reactive search strategies along with the networking essentials of developing and approaching contacts and conducting informational interviews. Some time, although limited, will explore social media's role in networking.

Presented in partnership with ACHRI and the McCaig Institute. Space is limited so register early!

Neuroimmunology

May 13 – June 7 | Mondays, Wednesdays, and Fridays | 9 am – 12 pm

Description: The MDSC 755 (Neuroimmunology) course consists of 25 lectures covering the following topics: 1) fundamentals of immunology - function and regulation of immune cells; 2) the role of immune cells in the central and peripheral nervous systems; 3) how immune cells contribute to various CNS diseases and injury (e.g., multiple sclerosis, stroke, spinal cord injury); and, 4) experimental assays and tools to study neuroimmunological diseases.

REALISE program members are welcome to attend any lecture of interest to them. Please see attached for a detailed list of lectures, including dates/times/instructors, and sign up for individual lectures on the [REALISE Intranet site](#).

OTHER UCALGARY WORKSHOPS, EVENTS, AND SEMINARS

HBI Events

[HBI Seminar Series](#)

Every Friday in May and beyond

[Think Big: The Anxious Brain - When good fear goes bad](#)

May 10 | 6:30 pm – 8:30 pm

[HBI Research Day](#)

May 30 | 8:30 am – 4 pm

[Mental Health Research Day](#)

June 12 | 8:30 am - 4:30 pm

CSM, UCalgary, and Other Events

[UofC Statistical Learning Study Group Lecture Series](#)

Every second Friday over the summer

[2019 Lecture of a Lifetime featuring Dr. Glenda MacQueen](#)

May 2 | 6 – 8 pm

[27th Annual Cumming School of Medicine Symposium](#)

May 3 | 8:30 am – 4 pm

[Grad Success Week](#)

May 7 – 9 | various times

[NeuroNexus Demo Day](#)

May 13 | 12 – 4 pm

[Designing Your Life - Book Club](#)

May 22 – July 3 | 11 am – 12 pm

[BMB DGA Methods Day](#)

May 24 | 9 am – 2 pm ([*deadline for abstracts extended to May 3!*](#))